

# Free Personal Assistant Training Sessions

## September to December 2016

### Doncaster

#### September

15th September 2016

#### **Autonomic Dysreflexia**

Specialist course for those working with people with Spinal Injury

13.30–15.30

Armthorpe Community Centre  
Doncaster DN3 3AG

#### October

17th October 2016

#### **Foot Care for PAs**

13.30–15.30

Friends Meeting House  
Doncaster DN1 3RH

19th October 2016

#### **Food Safety**

12.30–15.30

Friends Meeting House  
Doncaster DN1 3RH

#### November

2nd November 2016

#### **Diabetes Awareness for PAs**

12.30–15.30

Mary Woollett Centre  
Doncaster DN4 5HF

3rd November 2016

#### **Blood Glucose Testing Including insulin injections**

12.30–15.30

Mary Woollett Centre  
Doncaster DN4 5HF

10th November 2016

#### **Medications for PAs**

Time to be confirmed  
Doncaster College Hub  
Doncaster DN1 2RF

#### December

TBC

#### **Healthy Eating**

Date & Time to be confirmed  
Friends Meeting House  
Doncaster DN1 3RH

### Rotherham

#### October

4th October 2016

#### **Moving & Handling Awareness People & Objects**

13.00–16.00

Crossroads  
Rotherham S60 1BP

6th October 2016

#### **Pressure Ulcer Awareness and Prevention**

14.00–16.00

Crossroads  
Rotherham S60 1BP

11th October 2016

#### **Moving & Handling Awareness People and objects**

13.00–16.00

Crossroads  
Rotherham S60 1BP

20th October 2016

#### **Healthy Eating**

12.30–15.30

Rockingham Professional Development Centre  
Rotherham S61 4HY

#### November

22nd November 2016

#### **Health & Safety in the Home**

12.30–15.30

Rockingham Professional Development Centre  
Rotherham S61 4HY

TBC

#### **Infection Control**

Date and venue to be confirmed

#### December

14th December 2016

#### **Medications for PAs**

12.30–15.30

Rockingham Professional Development Centre  
Rotherham S61 4HY

16th December 2016

#### **Safeguarding Awareness and Reporting**

12.30–15.30

Rockingham Professional Development Centre  
Rotherham S61 4HY

**Contact us to book your free place**

Email [info@activeindependence.org](mailto:info@activeindependence.org)  
Call 07925 455 768

